Borrowdale Exchange

Calvin Campbell

This is a very nice mixer dance done with three couples in a circle. **Click Here** for a teaching video. There are several videos on YouTube showing other variations. Notice that, in this variation, 8 steps are allowed for the Right Hand Star and 8 steps are allowed for the exit from the Star. This leaves 16 steps to Promenade around and find dancers to form a new set.

Formation: Circles of Three Couples

1-8 Circle Left

9-16 Circle Right

17-24 Forward & Back

25-32 Partner DoSaDo

33-40 Star Right

41-48 Exit the Star started with the bottom of the Star

49-64 Scatter Promenade and form another set

Video of large dance. Click here